I have Insurance, NOW WHAT?

YOU NOW HAVE ACCESS TO:

FREE annual physical, Substance-abuse & Rehabilitation services, and:



Child & Adult Check-Ups



Prescription drugs



Dental Services
*Covered CA eligible adults
must purchase separately



Emergency & Hospitalization



Maternity & newborn care



Mental Health Counseling

Need more help?

Our Certified Enrollment Specialist are located in all of our Health Centers.

They can help you...

- Apply for Medi-Cal & Covered California
- Medi-Cal Renewals & Changes
- Medi-Cal Health Plan Election
- Temporary Medi-Cal Coverage
- Covered California Renewals & Changes
- Apply for Covered CA Special Enrollment
- With problems with your health insurance

Don't delay! Call us today!

(619) 600-3000

YOUR HEALTH INSURANCE



What are my benefits?

Options?

How to apply?

Am I eligible?

I have insurance, now what?

SHIPSONO HE

San Ysidro Health Center is your best option for a medical home. Call us today to schedule your <u>FREE Annual Physical!</u>
(619) 662-4100

(619) 600-3000

WHAT YOU NEED TO KNOW BEFORE YOU APPLY:

Who is eligible for health insurance?

- U.S. citizens, who are California residents.
- Lawful residents, such as individuals with green cards, refugees, asylees and others with protected status.
- All Children under the age of 19 years old, regardless of immigration status are eligible for full-scope Medi-Cal.
- DACA, Deferred Action for Childhood Arrivals recipients are eligible for full-scope Medi-Cal.
- Adults who are not eligible for full health coverage, including without immigration documents, may qualify for limited scope Medi-Cal for emergencies and pregnancy.
- Free/discount programs with SYHC.

Eligibility is also determined by: household income, the number of people in household, their ages, and home zip code.

What are my options?

• **Medi-Cal -** State-sponsored program where individuals/families may be eligible for free to low-cost health insurance.

Maximum Income for Medi-Cal Eligibility



• Covered California - Those who are not eligible for Medi-Cal and <u>are not offered</u> employer sponsored insurance, may have to pay a monthly fee for private health insurance. Financial assistance is available, for those who qualify, to help pay for these plans.

How can I apply?

San Ysidro Health Center has over

9 convenient locations

where you can apply! Call our Health Insurance Hotline at **619-600-3000** to schedule your enrollment appointment.

<u>I applied for health insurance</u>, WHAT ARE THE NEXT STEPS?



Medi-Cal Applicants

It may take up to 45 business days to find out if you are approved. You will recieve multiple letters, It is important to read them carefully and take action immediately! You will then be asked to choose a health insurance plan.

For information on the status of your Medi-Cal application call:

ACCESS 1-866-262-9881



Covered CA Applicants

You will need to make your first monthly premium payment before you can start using your insurance. Payments can be made by phone, mail or online. Look out for the arrival of your insurance card and benefits packet before you start using your health insurance.

For information on Covered California Plans: http://www.coveredca.com/get-help/health-plans/ (800) 300-1506

Things to consider before selecting a health insurance plan:



If you have a doctor you want to keep, ask him/her what plans they accept before you select a plan.



Not all plans cover the same name-brand medications. Contact the plan to make sure they cover your specific medications.



If you prefer to go to a specific hospital, make sure that the plan you are considering includes your hospital in their network.

KEEP IN MIND!

Medi-Cal and Covered California require you to renew your coverage every year! If you don't, you may lose your coverage and you will be asked to reapply. Call us to assist you with the process.

IMPORTANT: Individuals without immigration documents are encouraged to apply for their children. Information is confidential and will not be used for immigration enforcement.

Applying for and receiving benefits does not affect sponsorship, residency or citizenship application.