

Patient Navigation

What is Patient Navigation? Patient Navigation is a process in which trained individuals called Patient Navigators, guide any person in need through and around our complex care systems. They also assess what resources you and your family may need or are eligible for.

San Ysidro Health has partnered with **211 San Diego Community Information Exchange (CIE)**, a group of health and social service providers that are working together to support you and improve your quality of life.

How does this help me now?

Consenting and becoming part of the Community Information Exchange (CIE), instantly expands the amount of support that is available to you and your family.

There is no cost to start benefiting from this wrap-around support service.

Contact a Patient Navigator by calling (619) 205-6325



- ◇ Housing
- ◇ Primary Care
- ◇ Health Management
- ◇ Food Pantry
- ◇ Financial Wellness
- ◇ Activities of Daily Living
- ◇ Social Connection
- ◇ Legal
- ◇ Disaster & Safety
- ◇ Utilities & Technology
- ◇ Transportation
- ◇ Education
- ◇ Personal Care
- ◇ Employment
- ◇ Caregiving
- ◇ SDOH
- ◇ New Patient Appointment
- ◇ Medi-Cal and Medicare Referrals